

# Newark Valley High School Home of Cardinal Nation!

### Interscholastic Athletic Parental Consent - Emergency Medical Form

Student Name:		Date of Birth:	Gender:	Grad	le: Aş	ge:
Address/P.O. Box:		City:	St	ate:	Zip:	
Home Phone #:		Cell Phone	#:			
9	Sport:					
Student resides with (circle one):	Parents Mothe	r Father	Step-Mother	Step-Fa	ather	Other
Father's Name:		Mother's Nam	e:			
Father's Phone Number:		Mother's Phone Number:				
-It is realized that participation in ath Knowing this, I give my son/daughte -It is the student's/parent's responsil -In the event that I cannot be contact hospital or physician to administer to Newark Valley School Personnel.	r permission to part bility to report any i ed, I as parent/guard	icipate in the abo njury or illness t dian of the above	ove named sport. hat occurs during e named student h	the seaso ereby giv	on. ve permis	ssion for a
Emergency Contact person(s):		Relationship:_	Phon	e:		
Physician Name & Phone:		_Dentist Name &	Phone:			
Preferred Hospital:						
Insurance Company Name & Policy N	umber:					
Parent/Guardian Signature		Date _				
***********	********	******	*******	******	*****	*****
I have read and will encourage the a as well as the Uniform I have read and		licy required by	the Newark Valley	School I		conducts
Father/Guardian Signature			Date			
Mother/Guardian Signature						
I have read and will a Uniform and Eq	bide by the team, ath quipment Policy requ				is the	
Student-Athlete Signature			Date			

# Athletes/Parents/Guardians

## 2018 ~ 2019 NVHS Sports Uniform Agreement

NVHS Student:_	
Sport:	

- ALL NVHS sports uniforms are property of NVHS
- At the end of the Season, it is the responsibility of the above named Student Athlete/Parent/Guardian to return the complete uniform to that sports coach
- The above named Student Athlete will NOT be allowed to participate in another Sport until the current Sports Uniform is returned or replacement cost paid to NV Athletic Department.



We have read the above, understand & agree:

Student Athlete

Parent/Guardian

The purpose of the Newark Valley Athletic Department is to develop well-rounded student-athletes who will gain a passion for their sport, live a healthy lifestyle, promote citizenship, and develop a competitive nature to pursue excellence. In their pursuit, student-athletes will continually display sportsmanship, perseverance, courage, self-respect and respect for others. These principles will be demonstrated not only on athletic pursuits but also in their academic, social and life-long endeavors.

#### **Parent Code of Conduct**

- I understand and endorse the purpose of the Newark Valley Athletic Program.
- I will encourage my student-athlete to abide by all team, athletic, school, league, and Section IV regulations and "codes of conduct". If s/he fails to live up to these standards, I will allow for accountability.
- I will model good sportsmanship by acknowledging and applauding the efforts of team members and opponents. I accept defeat graciously by congratulating the members of the opposing team on a game well played.
- I will support the team regardless of how much or little my child plays and regardless of the win-loss record of the team. I will praise the student-athletes in their attempts to become better as students, as athletes, and as people.
- I will encourage my child and teammates with positive statements. I understand that at every practice/game they are growing physically, emotionally, and developing character.
- I will abide by the regulations of a "Drug Free School Zone" by refraining from the use of tobacco, alcohol, and drugs while on school grounds.
- When problems or questions arise, I will have my child present the problem to the coach.
  This develops self-advocacy. After my child meets with his/her coach, if the issue requires
  more clarity, I will contact the coach. If the issue was related to a situation that arose at a
  practice or a game, I will adhere to the 18-hour rule before contacting the coach.
- I will remember that when I visit another school, I am their guest and will abide by the Code of Conduct at their site.
- Because I am a parent with the power and position to make a positive difference in the lives of all players and young spectators, I commit to this code of conduct.

### **Player Code of Conduct**

- I will abide by the rules and regulations of my team, athletic department and school.
- I will accept responsibility and consequences for my behavior on and off the field.
   I understand that what I say and do affects my teammates, other people, and school either positively or negatively.
- I understand that academics come first. I will do all my assignments and stay afterschool
  if required by a teacher to improve my academic standing.
- I will attend school every day and will be on time unless a legal excuse is presented. I will give 100% effort in all my classes.
- I will lead a healthy life style by refraining from the use of alcohol, tobacco, and illegal drugs. I will learn about proper nutrition, importance of sleep, and physical fitness to help improve my performance. I will work towards a healthy balance in my life.
- I will act with respect toward myself and others around me including my parents, coaches, teammates, other athletes and students, opponents, officials, and spectators.
- I will demonstrate self-control at all times. I understand that uncontrolled emotion can be self-defeating.
- I will refrain from the use of crude or abusive language or gestures when dealing with opponents, officials, or spectators.
- I will act with respect towards school property and the property of others. I will do my part to keep the school facilities looking good.
- I will display good sportsmanship. I acknowledge and applaud the efforts of others. I encourage my teammates with positive statements and help them become the best that they can be.
- I will give 100% effort to practices, games and events. I understand that effort demonstrates my commitment to the team and my respect for my coaches/teammates.
- Because I represent myself, my team and my school; I will abide by this Code of Conduct.
   When failing to live up to these standards I will allow for accountability and take responsibility for my actions.

## **Code of Conduct for Newark Valley Athletes**

Participation on an athletic team is a privilege extended to students as part of the education experience. Athletes are expected to maintain passing grades in all academic subjects and to abide by the Athletic and School District's Code of Conduct.

Athletes are required to attend a minimum of a 1/2 day of school in order to participate in practices or games on the same day.

Upon arrival at the school, the athlete is required to present <u>valid written excuse</u>

to the secretary stating the reason for tardiness, early dismissal, or absence.

If the athlete does not present a valid excuse, he/she will not be able to participate that day.

Athletes can only be on school grounds during supervised activities and must remain in the team's designated area. There is a 15 minute rule of which coaches will be present to supervise allowing athletes to arrive 15 minutes before their activity and they must be off school grounds within 15 minutes following the activity. The 15 minute rule applies to any team activities - meetings, practices, games, bus trips, etc.

Athletes will take pride in their school and athletic facilities. Keep all locker rooms, practice and game areas clean.

Athletes will extend their pride by leaving areas their team uses clean when visiting other schools.

An athlete will dress in accordance to the "Dress Code" as outlined in the NVHS student passbook.

The following shall be included or excluded as stated:

\*\* No cleats/ spikes in buildings or on buses.

\*\* Athletes should have separate shoes for indoor and outdoor use.

\*\* Outdoor shoes are not to be worn in the gym. \*\* Shirts and footwear are to be worn at all times.

\*\* Appropriate hats and headband for the sport may be worn.

\*\* Practice and game night attire will be determined by the coach and must be in accordance with the Athletic and High School dress code

Accidents and injuries that occur during practices and games are to be reported to the coach in charge when the incident occurs. If an athlete goes to a doctor or an emergency room for any reason, they must have a release allowing them to return to activity, or be released by athletic trainer.

Athletes are required to travel to and from all contests by school provided transportation. Upon the request of the parents and approval of the coach, an athlete may be allowed to ride home with their parent or an approved adult.

A transportation release form must be filled out by the parent for each request.

Athletes are expected to treat all teammates, coaches, opponents, officials, and fans with respect. At all times athletes are to act in accordance with "Dignity for All Students Act of 2010" as outlined in the student passbook.

All athletic practices and games are governed under the regulations of the Drug Free School Zone Law. Possession or use of drugs, alcohol, and tobacco is prohibited for all athletes. An infraction of this during the season will result in disciplinary action with the possibility of suspension of playing time/removal from the team.

Athletes are expected to follow the Team, Athletic, and School Code of Conduct at home and when a guest at another facility. Your behavior is a reflection of your program, school, and community. Athletes who violate the team, athletic and/or district code of conduct will be subject to disciplinary actions by the coach, athletic director, vice principal, and/or superintendent.

Communication is a key element to any successful organization. If an athlete has a concern, he/she needs to be an advocate himself/herself by communicating with the coach.

Any athlete having outstanding equipment and/or uniforms CANNOT participate in ANY upcoming season's sports until all equipment/financial matters are taken care of.